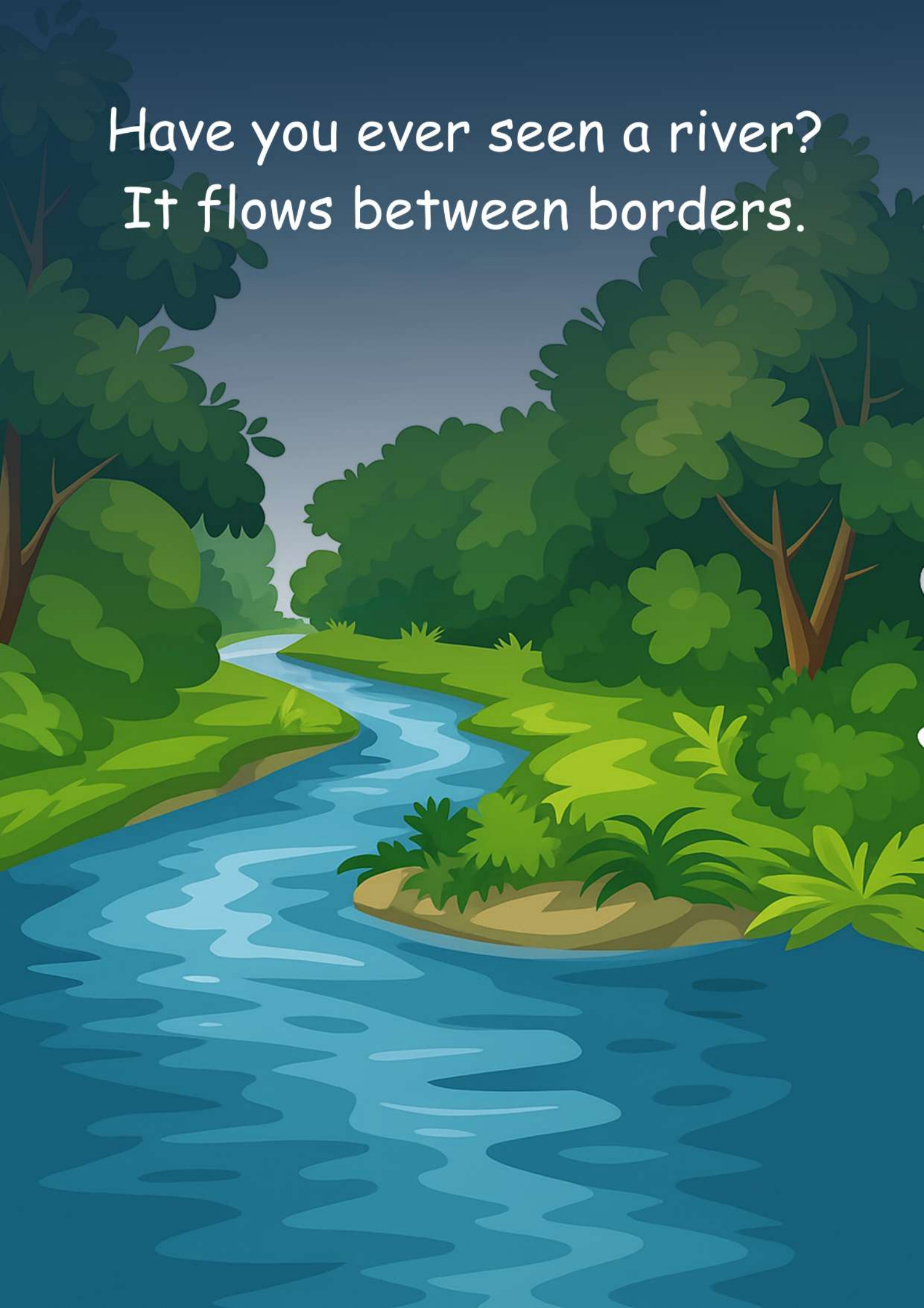


Lesson 19

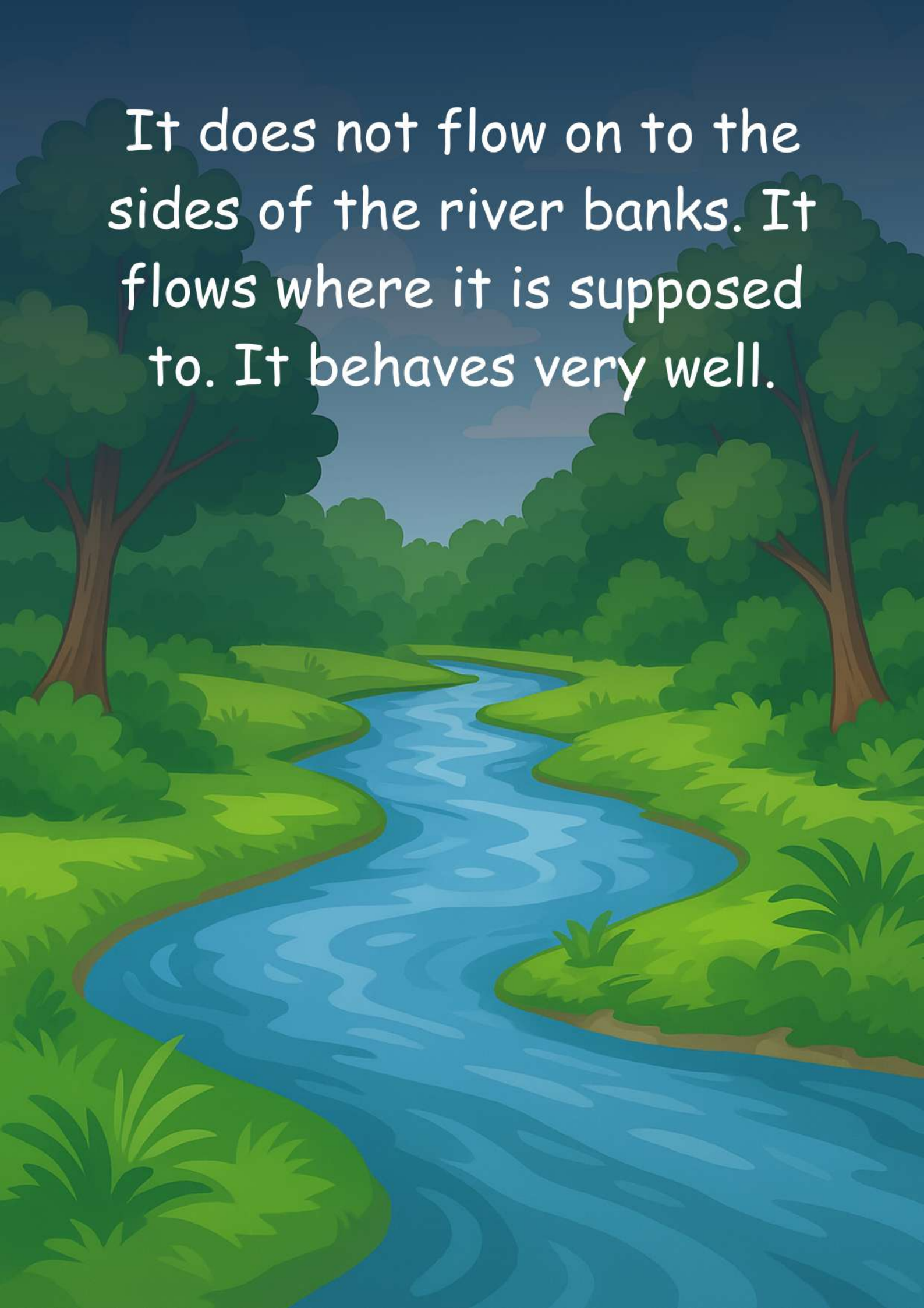
Discipline



Have you ever seen a river?
It flows between borders.



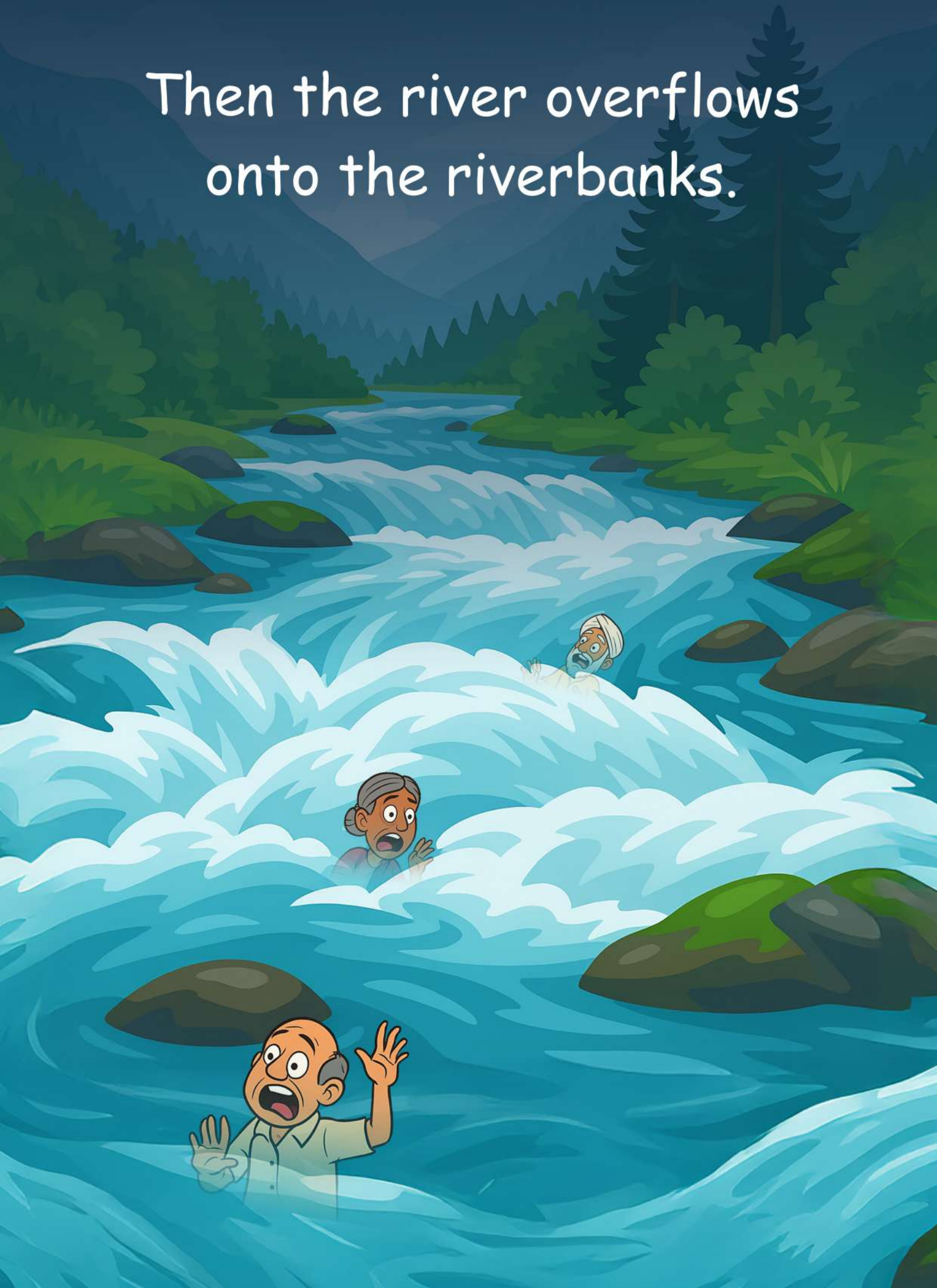
It does not flow on to the sides of the river banks. It flows where it is supposed to. It behaves very well.



Sometimes after it rains a lot there are floods.



Then the river overflows
onto the riverbanks.



It drowns villages and
fields near it. The river
misbehaves.



Then there are lots of
problems.



When the river flows straight, it flows in a disciplined way.



When the river overflows
on to the riverbanks it is
undisciplined



When we behave correctly
we are disciplined.

When we behave in a wrong
way we are undisciplined.



Discipline means that you
have to do everything at
the correct time, in a
correct way.



You have to follow rules so
that you can do all that you
want to do in a day



Some examples of discipline
can be taken from our daily
lives. These are:



Waking up early and also
sleeping early



Praying every morning, night
and before meals.



Bowing down in front of our elders



Studying and doing our
homework at the correct
time



Playing at the correct time.



Putting away our books and toys in the right places.



Being polite with everybody.



Ravi learned a new word in Jain school today. It was quite difficult to say.



So he went to his mother
and asked very nicely



"Discipline is the biggest word that I have ever heard!"



"What a long word,
what does it mean?"



His mother smiled and said
very gently,

"Well my son it is
doing things correctly!"



Ravi thought a while and
asked so politely

"What do we
have to do correctly!"

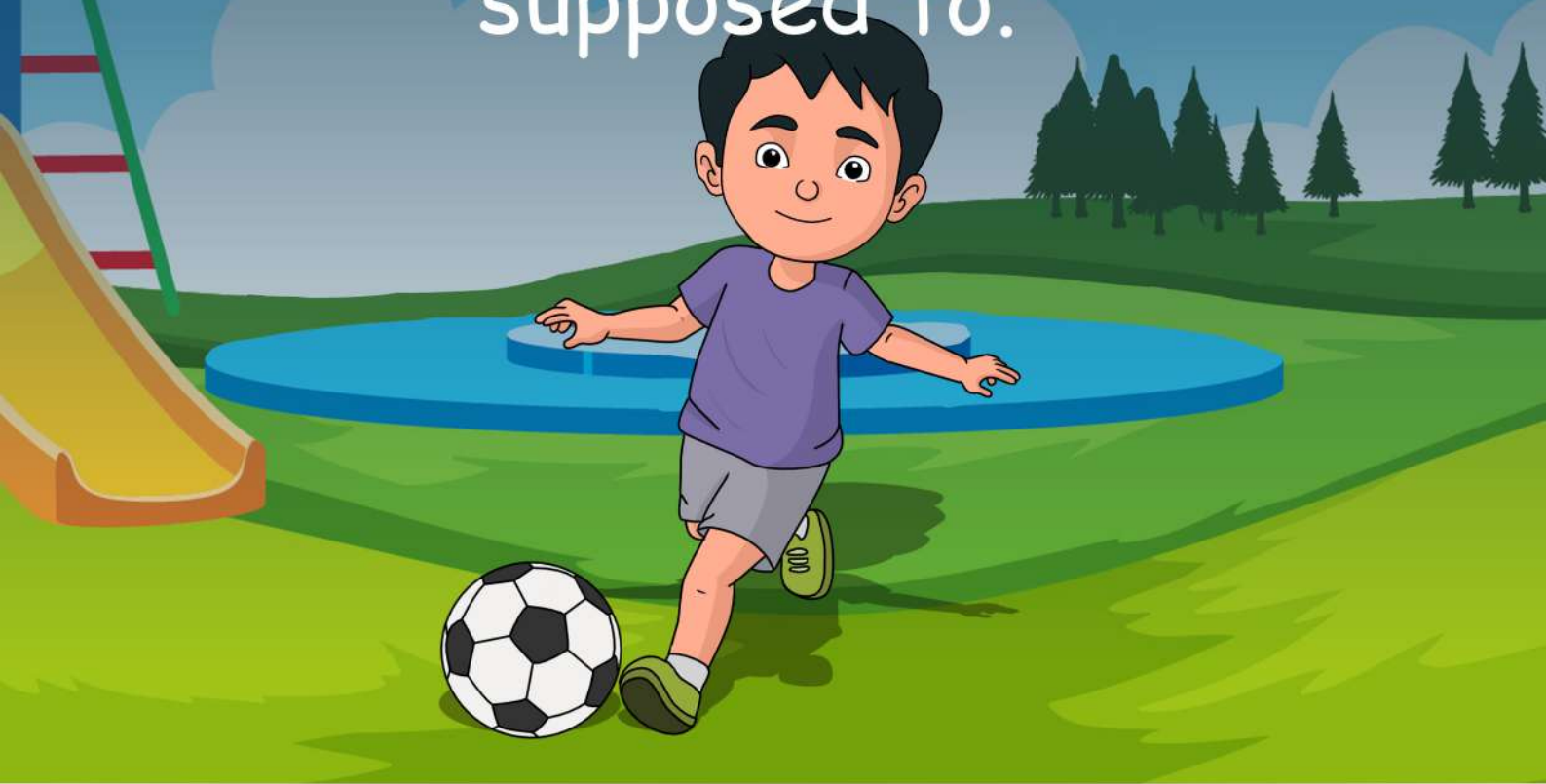


"Well,"
she said,

"there are few things
you can do correctly
even if you are small."



"Play when you are supposed to,
Study when you are
supposed to."



Eat when you are
supposed to.



Wake up early, sleep early,



Putting away your things properly, are just some of the things you can do!



Doing the right thing at the
right time, That my child
is discipline!



Ravi thought for a while and
said, Now I know about
Discipline!



It is very big word and a
good one too, It is important
for me and you To have
DISCIPLINE!



Ravi went on with a smile on his face,

"I am glad to do the correct thing In the correct way, I shall be more disciplined each and every day!"

